

Covid-19 Screening and Disclaimer for Boundless LLC

Prior to receiving myofascial release treatment at Boundless LLC, I am able to declare:

- To my knowledge, I have not been exposed to someone with known Covid-19 infection within the last 14 days.
- I have not travelled outside of the United states or to areas with high rates of Covid-19 infection in the last 14 days.
- I do not currently have any symptoms of illness that could be suggestive of a Covid-19 infection (including, but not limited to fever, cough, shortness of breath, sore throat, chills, muscle aches, new loss of taste or smell, vomiting or diarrhea).

I understand that should I or my therapist answer “yes” to any of the above questions, any scheduled sessions will be cancelled, and not rescheduled until completion of a quarantine period of 14 days or until Covid-19 can be ruled out.

Due to the close proximity and direct contact nature of myofascial release, I understand that Boundless LLC is not able to guarantee that there will be no risk of exposure to Covid-19 should my therapist be an unsuspecting carrier, or relating to other person's who may have been in the room/building prior. I am willing to take this level of risk without holding Boundless LLC accountable, given a minimum of the following risk mitigation performed by Boundless LLC:

- The clinic chairs, tables, tools, entry door knobs, or anything else handled during the course of a session will be thoroughly cleaned with CDC approved disinfectants before and after all clients.
- Linens washed in therapist's home will be kept seperate from all other laundry, and once clean, will be handled with gloves and mask in place.
- There will be a time gap between clients of not less than 15 minutes to allow for cleaning and airing of space.
- Clients will be encouraged and offered the opportunity to wear a mask during treatment (Boundless LLC will provide medical grade surgical mask as needed).
- Therapist will wear a mask throughout client's time in the clinic, and change filters between clients. (N95 masks are not currently available. Mask used will be a custom-fit dust mask with self-made filter liners with not less than 3 layers of cotton and/or polyester materials. This mask/filter combo has been self-tested for fit in that it is effective in keeping out the strong smell of a chemical solvent.)
- Therapist will change clothing upon arriving at the clinic and between clients.
- Thorough hand washing, not less than 20 seconds, will be completed before welcoming each client, and hand sanitizer used as needed during sessions.
- Note that bathrooms are in public space, Boundless LLC will participate in extra cleaning, but client will be responsible to assure their own safety with thorough hand hygiene.
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Client signature agreeing to the above:

Date:
